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The *E-Adviser* is the official online newsletter for national FCCLA.
Bringing current FCCLA updates to all chapter and state advisers registered for the Chapter Adviser List serv.

The *E-Adviser* is sponsored by HVISA, Inc. and Practical Money Skills for LifeH.

From the Executive Office

Teachers Ranked Highest

Did you know that teachers rank highest on a Well-Being Index according to a Gallup survey released this past December? The poll was part of the Gallup-Healthways Well-Being Index which surveys more than 1,000 people nightly to determine their perceived health and contentment. This study included responses from 179,000 people from July 2008 to June 2009 (go to www.well-beingindex.com for more interesting information.) This fact was part of the introductory paragraph to my six month report to the FCCLA Board of Directors presented at its January 2010 Board meeting.

Michael L. Benjamin, M.P.H., CAE
Executive Director

Awards and Scholarships

Scholarship Applications

The 2009-2010 Scholarship Applications are available on the national FCCLA website. All scholarship applications must be postmarked by **April 1, 2010**. Please visit the [Scholarship Applications](#) section of the website for more information. Email bstandley@fclclainc.org with any questions.

2009-2010 Program Awards

The 2009-2010 Program Award Applications are online again this year. Please visit www.fclclainc.org/content/youth-award-applications/ to access the applications. Make sure to visit the **FAQ's** page before beginning your application. A preview copy of the application is available by logging onto the application website. We are happy to announce **two new awards** in the area of Community Service! All applications must be submitted online to FCCLA national headquarters by March 1. The online award system will automatically close **March 1, 11:59 p.m. EST**. Check the website for additional information, or email ProgAwards@fclclainc.org to answer any questions.

Competitive Events

Important STAR Events Announcement!!!

Five pages of the STAR Events Manual have been revised and are available in the STAR Events section of the FCCLA website. All STAR Events Manual documents have also been updated to include the revised pages. The revised pages affect the rubrics of Chapter Service Project Manual, Food Innovations (coming soon), Illustrated Talk, Job Interview, and Promote and Publicize FCCLA!

Otis Spunkmeyer O-riginals Recipe Contest

The O-riginals Recipe contest rules will be available this week. Check out these and the other two Spring 2010 contests on the FCCLA national website today!

STAR Events Questions

Check out the STAR Events Q&A Guide on the FCCLA national website and remember that all questions regarding STAR Events should be submitted to your state adviser.

Marketing & Membership

Adviser Academy

FCCLA's successful Adviser Academy is now taking applications for 2010-2011. Applicants must have less than 5 years experience and be willing to participate in all five tracks of the Academy within two years and must be supported by their state adviser. Applications can be found on the [Adviser Academy](#) section of the website. Family and Consumer Sciences student teachers are also encouraged to apply.

National Consultant Team Applications Now Available

Applications for FCCLA's National Consultant Team (NCT) can be found on the State Adviser and Chapter Adviser sections of the national website. NCT members assist national staff in state and national professional learning training, take on staff duties at national meetings, and act as an extension of national staff. The submission deadline for applications is **March 1**. New NCT members will be trained at the 2010 National Leadership Conference and will be expected to attend. For more information about the position, please email Amy Doane at adoane@fcclainc.org.

Meetings

Future Meetings

The Board of Directors approved San Diego, California as the location for the 2016 National Leadership Conference. A full list of upcoming National Leadership Conferences and National Cluster Meetings is listed on the Meetings section of the FCCLA website.

2010 National Leadership Conference

Conference Registration

Registration and housing for the 2010 National Leadership Conference will open March 1st. Before registering for the conference please check with your state adviser to find out how your state is handling registration and housing. Some states offer a package price that may include but not limited to the following: registration, transportation, housing, tours, meals, t-shirts, pins, etc. If your state registers as a group we ask that you do not register directly with FCCLA national headquarters unless directed by your state adviser to do so.

	REGULAR (March 1 - May 1)	LATE May 2 – June 1)	ONSITE (June 2 - Onsite)
Weekly Registration	\$165	\$185	\$190
Daily Registration			
Monday, Tuesday, Wednesday	\$65	\$65	\$65
Thursday (only)	\$15	\$15	\$15
Registration Package*	\$320	\$340	\$345
State Advisers Recognition Reception	\$50	\$50	\$50
CEU Credits (Adults only)	\$20	\$20	\$20
July 4 th Event	\$75	\$75	\$75
FCCLA Gala	\$85	\$85	\$85
Meeting Room Fee (If not staying at one of the official conference hotels.)	\$25	\$25	\$25

*Registration Package includes: Weekly Registration, July 4th Event, and FCCLA Gala

Career Explorations

FCCLA is committed to providing its members with high quality educational resources and options during national meetings. Career exploration tours are available on a limited basis on Tuesday, July 6 and Wednesday, July 7 between 8:00 a.m.-12:30 p.m. Career exploration tours are designed to increase career awareness and encourage career exploration for student members. Pre-registration is required and will be available on a first-come, first-served basis. Check the FCCLA website early April for options and to sign up for these educational opportunities.

FCCLA Tours

FCCLA sightseeing tour options are included in the National Leadership Conference Brochure and must be registered for online. We ask that state groups not plan alternate tours at these venues during the conference. Tour check-in will be located at the FCCLA Tour Desk in the Hyatt Regency Chicago hotel. All tours will depart from and return to the Hyatt Regency Chicago hotel.

Attendees must check-in no later than one hour prior to tour departure and arrive at the boarding location at least 15 minutes prior to departure. FCCLA is not responsible for tour refunds due to delayed travel.

Spotlight on Projects

Spotlight on Projects is an excellent opportunity for chapters to share their successful projects and gather new ideas for future projects. This year, Spotlight on Projects will be held in the Exhibit Hall during exhibit hours on Monday, Tuesday, and Wednesday. To participate, applications must be submitted online by May 1, 2010. Please be advised that space is limited and participation will be accepted on a first-come, first-served basis.

[Click HERE to access the online form.](#)

Participation Guidelines:

- Projects should focus on national or state programs, or chapter activities.
- National FCCLA is not responsible for unattended displays. It is recommended that a chapter/state representative be at each display to answer questions and assist with the display during event hours.
- National FCCLA will not provide any audiovisual equipment or electricity.
- National FCCLA cannot be responsible for the cost or preparation of handouts. Handouts are the responsibility of the participant.

Youth Workshop Presenters Needed

FCCLA is looking for innovative workshop ideas. Proposals must be submitted online no later than April 9, 2010. Nationally affiliated FCCLA chapters receive one complimentary registration if selected to present a workshop.

[Click HERE for more information and to submit a proposal.](#)

Programs

NEW! National Vice-President of STAR Events Title Change

The position of National Vice-President of STAR Events has received a title change to become the National Vice-President of Competitive Events starting for the 2010-2011 school year. The national Board of Directors voted this as an editorial change to the Bylaws at the 2010 January BOD meeting. If you have any questions, please contact kzullo@fcclainc.org.

2009-2010 Program Awards

The 2009-2010 Program Award Applications are available online again this year. Please visit www.fcclainc.org/content/youth-award-applications/ to access the applications. Make sure to visit the **FAQ's** page before beginning your application. A preview copy of the application is available by logging onto the application website. We are happy to announce **two new awards** in the area of Community Service! Check the website for additional information, or email ProgAwards@fcclainc.org with any questions.

2010 National Officer Candidate Speech Topic

"FCCLA has evolved over the past 65 years, explain how your knowledge and skills of FCCLA will help our organization continue to move forward."

Also located on the Leadership Opportunities page of the Youth Leaders section of the FCCLA website.

Lesson Plans and Activities

Share your FCCLA lesson plans and activities with other advisers, and find lessons to use in your classroom. Use the provided template to email FCCLA integrated lessons to bstandley@fcclainc.org (please include attachments). The Lesson Plans and Activities page also includes Power of One and Dynamic Leadership content, previously found on the national program CD.

Miscellaneous

Act Out Loud Contest

As part of National Youth Traffic Safety Month (NYTSM), National Organizations for Youth Safety (NOYS) and The Allstate Foundation are challenging FCCLA chapters and schools across the country to take part in "Act Out Loud." Participate in the 2010 Act Out Loud contest, by creating an Act Out Loud team at your school and a great traffic safety project. In turn, FCCLA members will have the chance to compete for awards and cash prizes sponsored by The Allstate Foundation! Get involved now and work together to make NOYS during the upcoming National Youth Traffic Safety Month, May 2010! For more information visit, www.actoutloud.org.

America Saves Week 2010

As families across the country are struggling to cope with rising unemployment, tighter credit and strained budgets, financial security is more important than ever. This is a critical time to encourage your employees, members, customers and others to reduce consumer debt and save money. You may be doing this already; we invite you to do even more by joining the America Saves campaign as a partner and participating in America Saves Week, **February 21-28, 2010**. For more information, please visit <http://www.americasavesweek.org/about/2010.asp>.

National Sleep Awareness Week

National Sleep Awareness Week (NSAW) is a public education, information, and awareness campaign held the week of **March 7-13, 2010**. NSAW coincides with the return of Daylight Saving Time, the annual "springing forward" of clocks that can cause Americans to lose an hour of sleep. For more information, please visit <http://www.sleepfoundation.org>.



Visa, Inc. and Practical Money Skills for Life Teacher Newsletter

Get the best lesson plans, games, articles, and updates from Visa's Practical Money Skills financial education program delivered direct to your inbox for free. Visit www.practicalmoneyskills.com/newsletter to sign up.