

Financial Fitness

Runner-Up Winner
Fort Defiance High FCCLA
Fort Defiance, Virginia
Project Title: “Indian Flash Forward”



High school juniors at Fort Defiance High School saw into their future through the Indian Flash Forward program created by Fort Defiance FCCLA. The project’s goals to show the difficulty of balancing needs verses wants in terms of money and to show the responsibility that comes along with having a family and stretching your income to make ends meet were lofty, but the chapter accomplished them with the help of a mini grant from Blue Ridge Community College Tech Prep

Consortium. Juniors received individual meetings with a career coach and several business and industry volunteers who helped the students simulate the balance of salary with expenses such as housing and other monthly bills. Of the students that ended their experience in debt more than $\frac{3}{4}$ of raised their hands and many of them knew exactly where they had spent too much. An evaluation of the project revealed that 62% of the students reported that the event provided them with a good to excellent preparation for real life. 72% of the students reported having a positive learning experience related to spending, savings, and budgeting.

